Page 8	Page	8
--------	------	---

Δ

n

Willis McPhee

Susan Siemer

Amanda Avey

Shirley Huffman

Georgia Garrett

Rick Armstrong

Kyle Henderson

VISION

September 2024

SATELLITE BEACH UNITED **METHODIST CHURCH**

450 Lee Avenue Satellite Beach, FL 32937

		More Information about SBUMC
		OFFICE HOURS: 9:00 am-2:00 pm, Mon.– Thurs.
		OFFICE PHONE: (321) 777-0116 FAX: (321) 777-6772
The VISION NEWSLETTER DEADLINE		WEB SITE: www.sbumc.net
Attention: The newsletter deadline is the 20th of each month. Please send articles to Publications@sbumc.net		SUNDAY WORSHIP SERVICES: 9:00 am - Contemporary 11:00 am - Traditional
	Thank you, JoAnn Armstrong	
	Our Church Staff	
Richard Jones	Senior Pastor	pastor@sbumc.net
Pat Foster	Office Manager	ofcmgr@sbumc.net
Shawna Brkich	Children & Youth Director	shawnab@sbumc.net
Michel Avey	Choir Director	choir@sbumc.net

Worship Band Director

Preschool Director

Minister of Visitation

Treasurer

Accompanist

Maintenance

Senior Ministry

praiseteam@sbumc.net

avey.amanda8@gmail.com

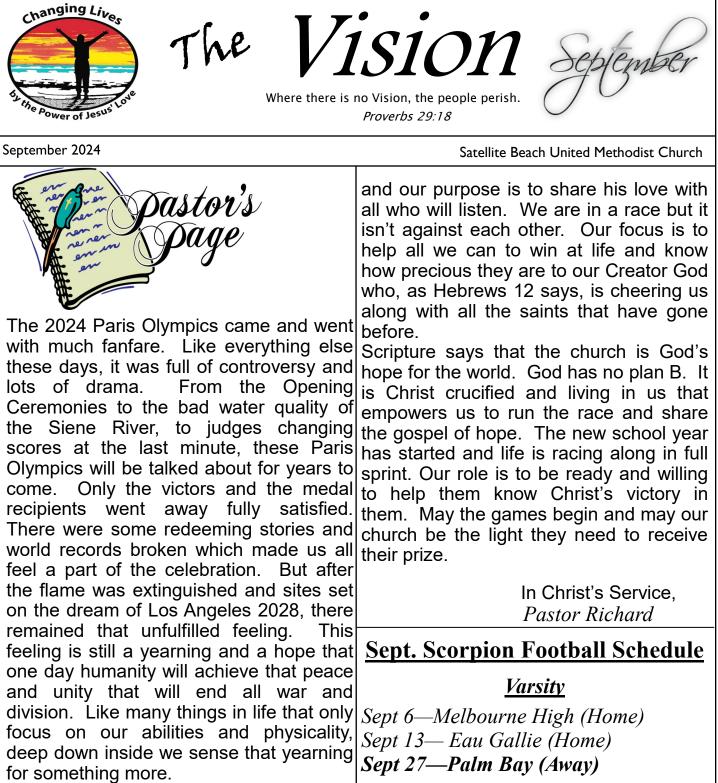
georgiagarrett@bellsouth.net

kjshenderson109@gmail.com

susans@sbumc.net

rickathedj@aol.com

treasurer@sbumc.net



for something more. The Apostle Paul wrote, "I press onward toward the goal for the prize of the heavenly call of God in Christ Jesus" (NRV). And he also wrote, "let us Sept 12-Heritage (Away) run with perseverance the race that is set Sept 19-Melbourne (Away) before us, looking to Jesus" (NRSV). As Sept 26-Palm Bay (Home) followers of Jesus, our prize is the cross

Junior Varsity

Sept 5—Eau Gallie (Home)



Page 2

VISION

September 2024

Remember Please remember to pray for the needs **Prayer** in our church body and community. In our weekly worship bulletin, you will find recently occurring prayer concerns.

The following prayer concerns are an ongoing basis:

Men and women of our armed forces: *Rob Bird, Zach Heim, Bryan, nephew of Mike & Pat Hunter, Matthew Joubert, Tim Joubert, Sean Keane, *Craig Lambert, Ellen Lambert, *Vance Lambert, *Laura Lehnerz, Patrick Miller, Jason Snedeker, Mike Taylor

Missionaries: John & Lynn Lehn, Croatia, Jim, Kathy, Stephen & Hillary Mehl, Salvador; and Pastor Alexis, Mir Iglesia Metodista, Cuba. Larz & Karen Welo

Prayers of Concern: Sydney Arnold, *Charlotte Butts, *Jean Denney, *Ada Fields, *Georgia Foster, Thomas Fuller, *Grace Green, Anne Joyce, *Jerryan McClure, *Ruth Miles, Sarah Miller, *Don Moore, Marty Peischel, *Melissa Phillips, *Shirley Pollak, Joan Powell, Carl & Catherine "Bunny" Sanderson, *Linda & Ravi Shah, *AI & Patty Smith, *Barbara Stasko, Erin Sullivan, *Jim Tate, Linda Tippins, Frank Traino

Long Term Care: Victoria Landing - *Hilda Gray, *Doris Tantum; Zon Beachside - *June Brittingham, *Maddy Klasen, Donna White Chateau Madeleine - *Joe & Francene Intille; *Pete & Judy Wehner; Riverview Senior Resort, Palm Bay *Jean Webb





Help Needed!

The praise band at the 9AM service is in need of musicians and singers! If you are interested, please contact Willis McPhee at praiseteam@sbumc.net or speak to him after service on Sunday!

#1 Need—Female Singers

Thank you! Willis McPhee

Children & Youth

FAMILY GAME NIGHT

Join us for Family Game Night on Friday, September 27th, 6-8pm. This is an RSVP only event. More details will be sent out via email.

CHILDREN'S MINISTRY OUTING

Children's Ministry families will be meeting at the beach after Sunday services on September 22th. For privacy reasons, the exact location will be sent out via text or you can call me: 321-423-5937. Invite a friend!

THE PUMPKINS ARE COMING

Pumpkins arrive Saturday, October 12th at 9:00AM. Please mark your calendars. As usual, it will require all hands on deck to offload them. We will also need people to take pumpkin patch shifts to sell the pumpkins. A sign up sheet will be set out in the back of the sanctuary in early October.

TRUNK-OR-TREAT

Trunk-or-Treat will be Wed. Oct. 23rd from 6:00-8:00PM. Any & all church members are welcome to participate & decorate vour trunk. I will have a sign up sheet in the sanctuary in the near future.

We will also need LOTS & LOTS & LOTS of candy! I am already accepting donations, so bring your bags by anytime during regular office hours or on Sunday. mornings.

Thanks so much!

September 2024

Preschool News!

Preschool is in session again.

This school year SBUM Preschool is welcoming 33 Two Year Old's among 4 classes, 33 Three Year Old's among the two 3-Day Classes and the 5-Day class and 24 Four Year Old's (VPK) between the 3 classes. We can enroll a few more in the Twos, Threes, and Fours (VPK) classes, but, some are full.

We are looking forward to Water Day, Dads and Donuts, learning to Cha Cha Slide for Trunk or Treat.





VISION

Back 2 School Bash

Page 6

VISION

September 2024

Mission News

What Have You Done for Me Lately?

September is when we often collect for hurricane relief with targeted UMCOR disaster relief collections, frequently several times. When there is a need, we will be doing so again.

We are just over half way into the year and peak hurricane season is just starting but UMCOR is busy in 2024. Hurricane Beryl hit Texas and they are helping there. Additionally heavy rain and flooding from Beryl affected communities as far away as Vermont and relief is necessary there too. In April, tornadoes and hail storms tore through Oklahoma. Two small counties were not receiving the help they required, so UMCOR provided a grant that is helping. Still recovering from four severe weather events in 2022 and 2033, 30 households in Missouri are still receiving aid in 2024. Finally, three counties in Georgia are still receiving grants following severe storms in 2023. UMCOR is one of the first in and the last out when disaster strikes.

When hurricanes strike, we will be asking for donations, but at any point if your heart draws you toward contributing to UMCOR US or international relief, your gift would be appreciated and used. And because we gave generously in March on UMCOR Sunday, every penny you give goes to relief.

Ann Montgomery



Transforming young lives through the love of Christ

Residing Hope Update

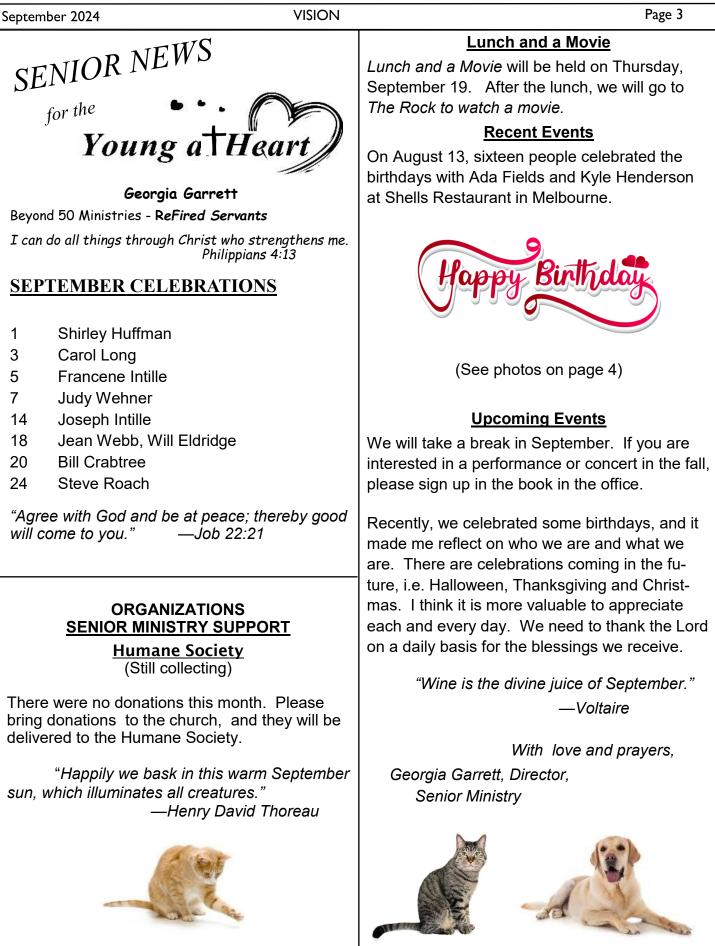
(Florida United Methodist Children's Home)

A friendly reminder: The Florida United Methodist Children's Home (FUMCH) changed it's name earlier this year to Residing Hope. The mission has not changed, and they still rely heavily on 5th Sunday giving. For more details, please visit www.residinghope.org.

Madison Youth Ranch turns 10! There will be a 10th anniversary celebration on Saturday, 12 October, 2024. The gates will open at 10:00 A.M. The festivities include: a celebratory program with a catered lunch, special music, and speakers beginning at 11:00 A.M. Ranch tours will be available until 2:00 P.M. Everyone is invited! Located at 1647 NE Captain Buie Road in Pinetta, FL, the Ranch has been providing transformative care for abused, abandoned and neglected children since 2014. Please click the link above to visit the website for more information and to RSVP.

Please prayerfully consider your always generous support to the children's home in Enterprise, FI, and the Madison Ranch. You may write me at Lkhbeachside@outlook.com, or call/text me at 321 312-9064 with any questions/suggestions. God Bless!

William (Bill) Haase Residing Hope Liaison



Beyond 50 Ministries - ReFired Servants

- 1
- 3
- 5
- 7
- 14
- 18
- 20
- 24

will come to you."

There were no donations this month. Please delivered to the Humane Society.

sun, which illuminates all creatures."



Seniors Birthday Club

VISION





September 2024

July: Rosie Pollard, Don Moore & Marge Guest

August: Ada Fields celebrated 93 years!

Prayer Ministry

Remember playground games when teams were chosen? Well, Jesus our Savior has called each one of us to be on His intercessory (praying for others) prayer team. We are Called! We are Chosen! Not one of us is left out because He not only calls us,, He teaches us how to pray and enables us to pray effectively for His will for ourselves, others and the world through His Holy Spirit. In Jesus name, prayer becomes our superpower!

It is one of our jobs as Christians following Jesus' example. He got up early and spent time alone with God in prayer (Mark1:35). In the Lord's prayer that He taught His disciples, He tells us to do this daily as well. In that same prayer, intercession is implied through the repeated use of "us". (Matthew 6:9-13). By praying, He continued being close to God, and following Him.

Our first and third Monday mornings of the month - 8:30 am in the sanctuary and our tranquil prayer room are good places to do that. When any of us are in need of prayer, we confidently lift up those needs to the Lord in prayer. Our monthly prayer ministers in the prayer room and our home prayer team are here for all of us.

Jesus has called each of us to this vital ministry. As members of Jesus' prayer team, we can daily (Paul says continuously) talk with Him.. He is the One who can best do something about us and concerns. We can all "take it to the Lord in Prayer".

Lily Moore



September 2024



Hello SBUMC Family!

I want to leave you today with some insight into the benefits of singing in a choir. Of course, I have a vested interest, but I certainly see myself benefiting from each of these reasons:

1. Major improvements in physical health. Singing in a choir improves your posture, strengthens your respiratory system, lowers your blood pressure, calms your heartbeat, and strengthens your immunity. A 2008 joint Harvard/Yale study of a choir in Connecticut actually found that **singing in a choir increased life expectancy!** It can also create new pathways in the brain, and has been shown to help patients with a variety of medical issues such as stroke recovery, Parkinson's disease and lung disease.

2. Major improvements in mental health. Like participating in sports, singing in a choir boosts your endorphins, and decreases stress, depression and anxiety. Choir singing is almost a form of meditation, as the deep breathing and concentration needed mimic the same beneficial results. Also, our bodies are comprised mainly of liquid, and the sound waves the choir creates send vibrations deeply penetrating our bodies, moving through our tissues and organs. The sound resonates directly into our cells, creating emotional release and a sense of peace. In addition, a recent study found that less than half of Americans engage in a pleasurable hobby or activity outside of their normal work life! Singing in a choir puts that missing puzzle piece back into a well-balanced, enjoyable life.

3. Builds a sense of community with others. One of the number one complaints of modern society is that people feel more isolated than ever before. "The need to belong is a fundamental human motivation" say social psychologists Roy Bauermeister and Mark Leary in their "belonging hypothesis". We need to connect with others regularly, and **singing in a choir gives us that bonding experience and closeness that is so often missing in other areas of our lives.** This can be especially important for seniors, who as they age may become more house-bound or lose connections with friends and family.

Thank you for reading, and please know, the choir room is ALWAYS open to new members! Sincerely, Michel Avey



Page 4

Choir News



Thank you to all who attended the "onboarding" meeting. The purpose of the meeting was to allow staff and lay leadership to meet with our new Pastor as a single group. Topics of discussion Included SBUMC core values, goals, our missions and ministries, and how to best implement them in today's world.

A special thank you goes out to Patsy Countryman for all her hard work in setting it up, and feeding the group.